

# *The Islamia University of Bahawalpur*

Bahawalnagar Campus  
Department of Applied Psychology

**Class:** M.Sc Applied Psychology    **Semester** 1<sup>st</sup> (Mor)    **Session** (2019-20)

**Course Instructor:** Hafsa Abbas Wattoo

**Email:** hwattoo95@gmail.com

**Course Title:** Cognitive Practicals

**Program:** Masters

**Course Number:** PSY- 26106

**Credit Hours:** 02

**Lecture**      Thursday & Friday    04:00 p.m. to 05:30 p.m, Room # 04

## Method of Teaching

- Assigned Reading
- Group activities & Discussions
- Audio visual aids lectures
- Frequent questions during/after lecture

## Book Prescribed:

Cognitive Psychology by Sternberg    2-Exploring Psychology by Dr.  
Asim Sehrai .

**Office Help Hours**    Monday, Tuesday, 12-02 pm

## Grading

**Exam (Date to be announced)**

**Mid –Exam ( )**

**Final Term Exam ( )**

**Problem Session / Assignments ( )**

## SEQUENCE OF TOPICS TO BE COVERED

Session	Topic	Chapter #	Therapy Practice
1 <sup>st</sup> and 2 <sup>nd</sup> Session	Introduction	Notes	
3 <sup>rd</sup> 4 <sup>th</sup> Session	How to write a practical Psychology	Notes	
5 <sup>th</sup> Session	Quiz		
6 <sup>th</sup> 7 <sup>th</sup> Session	<b>Zeigarnik effect experiment</b> <ul style="list-style-type: none"><li>• Introduction</li><li>• Method</li><li>Practical</li></ul>		<b>Practical/ Assignment</b> Zeigarnik effect experiment
8 <sup>th</sup> Session	<b>Report checking</b>		
9 <sup>th</sup> 10 <sup>th</sup> Session	<b>Muller lyer experiment</b> <ul style="list-style-type: none"><li>• Introduction</li><li>• Method</li><li>• Practical</li></ul>		<b>Practical/ Assignment</b>
11 <sup>th</sup>	<b>Report checking</b>		
12 <sup>th</sup> Session	<b>Quiz</b>		

Mid Term Exam			
<b>13<sup>th</sup> 14<sup>th</sup> Session</b>	<b>Memory span of digits experiment</b> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Method</li> <li>• Practical</li> </ul>		<b>Practical/ Assignment</b>
<b>15<sup>th</sup> Session</b>	Report checking		
<b>16<sup>th</sup> 17<sup>th</sup> Session</b>	<b>Verbal learning experiment</b> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Method</li> <li>• Practical</li> </ul>		<b>Practical/ Assignment</b>
<b>18<sup>th</sup> Session</b>	Report checking		
<b>19<sup>th</sup> 20<sup>th</sup> Session</b>	<b>Conformity experiment</b> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Method</li> <li>• Practical</li> </ul>		<b>Practical/ Assignment</b>
<b>21<sup>th</sup> Session</b>	Report checking		
<b>22<sup>th</sup> 23<sup>th</sup> Session</b>	<b>Effect of fatigue on performance</b> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Method</li> <li>• Practical</li> </ul>		<b>Practical/ Assignment</b>
<b>24<sup>th</sup> Session</b>	Report checking		
<b>27<sup>th</sup> 28<sup>th</sup> Session</b>	<b>Memory set experiment</b> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Method</li> <li>• Practical</li> </ul>		<b>Practical/ Assignment</b>
<b>29<sup>th</sup> 30<sup>th</sup> Session</b>	Report checking		
<b>31<sup>th</sup> 32<sup>th</sup> Session</b>	<b>Mental set problem solving</b> <ul style="list-style-type: none"> <li>• Introduction</li> <li>• Method</li> <li>• Practical</li> </ul>		<b>Practical/ Assignment</b>
Final Term Exam			

**Student Evaluation Criteria:**

Presentation / Seminar	
Workshop/ Assignments/Case Study	
Surprise Test/ Sudden Test. Quizzes	
Class Participation	
Mid Term Paper	
Final Term Paper	
Total	

**Student Responsibilities:**

Students must attend class. Failure to attend class may result in failure in the course. Students must also arrive on time and remain in class for the entire period. Cellular phones and beeper must be turned off (proper classroom decorum {behavior} adopts, Course outlines and calendars explain requirements and assignments, students are responsible for knowing what they say. Students are also responsible for doing all assigned work on time. Excessive absences (more than 03) will result in “F” Grade”. Students may prepare Sketchbook for taking notes and for references.

**Instructor / Tutor**

Approved By:

Dean / Chairman / HOD/ Subject Specialist / Program Coordinator